

# 2025

## New Student Orientation Student Life Guidance

Office of Student Affairs, Ritsumeikan University

**Futurize.**

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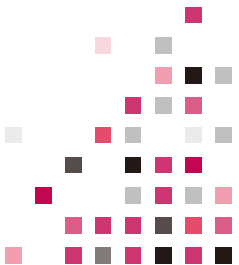


# Today's Agenda

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**Part 1 :**  
**For a fulfilling student life**

**Part 2 :**  
**For a safe and comfortable student life**





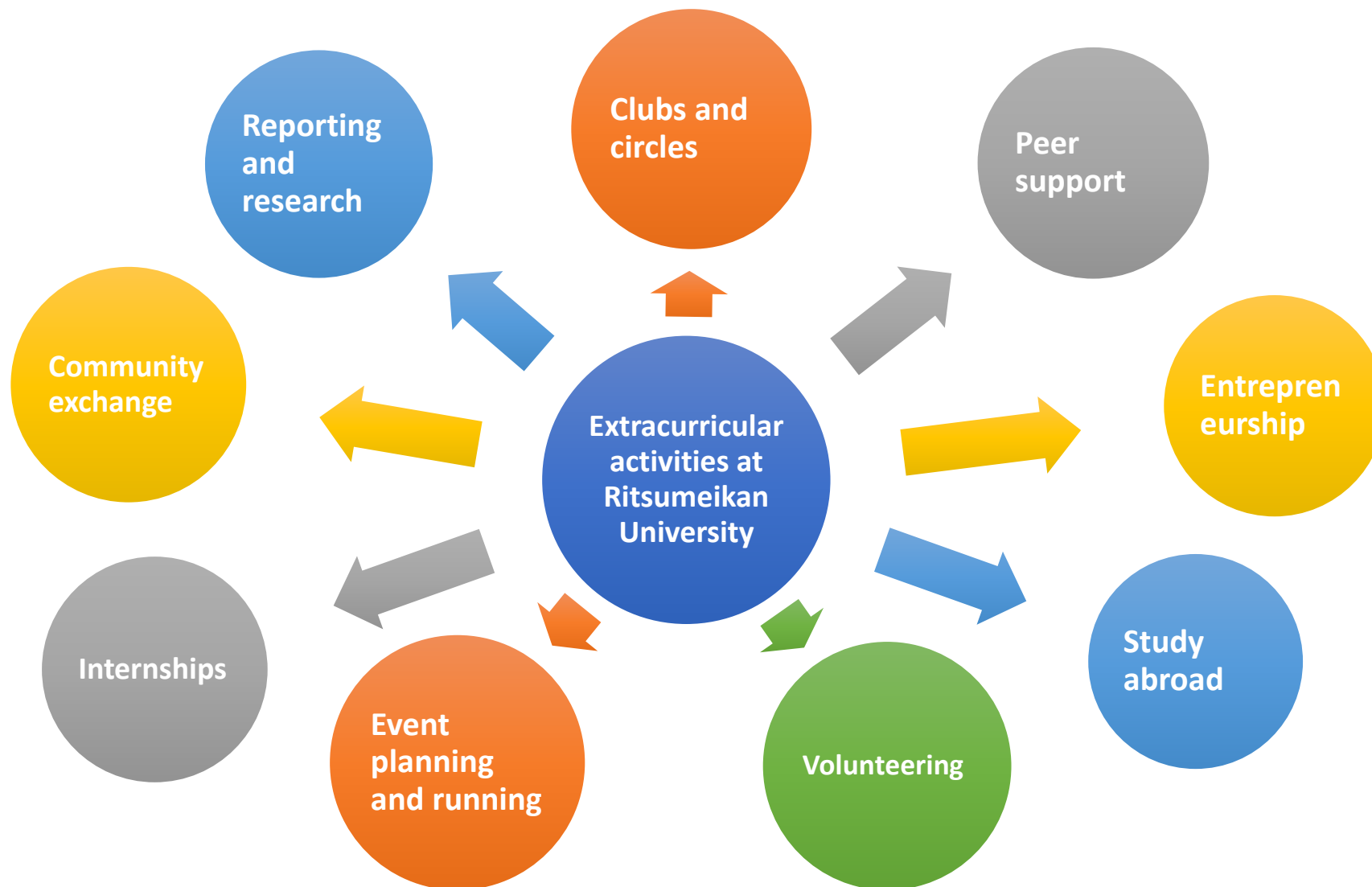
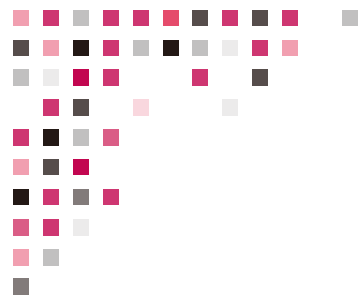
# Part 1 : For a fulfilling student life

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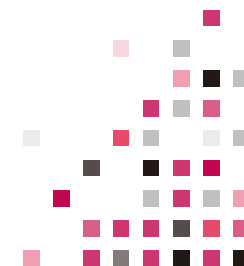
- 1. Participate actively in extracurricular activities**
- 2. Access the information for extracurricular activities**
- 3. Utilize the convenient facilities and services at the university**

# (1) Extra-curricular activities





**You are sure to find a variety of extracurricular activities that match your interests, lifestyle, and the skills you wish to acquire!**





## (2) Information for extra-curricular activities



■ SPORTS & CULTURE website



■ Web page and booklet for peer support groups



■ Circle Collection booklet by Student Union



■ Web page for the study abroad programs



■ Web page for startup programs



**Feel free to visit the websites anytime!**

## (3) Facilities and services

### ■ Inter-Campus Transportation

- Ritsumeikan operates a shuttle bus service connecting the three Campuses to support student activities.
- The shuttle bus also stops at JR and private railway stations on weekdays after 6:00 p.m.



Tickets are only 150!!



### ■ Training Room

- Many exercise machines you are free to use
- Available for individual use (after attending a training seminar and receiving a gym card)



### ■ BKC Sports and Health Commons

- New sports facility for improving your health
- Has programs and events you can easily join
- Assists with recruitment of research subjects



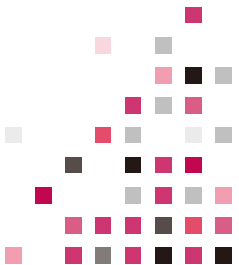
Check the latest information on each website!




## **Part 2 : For a safe and comfortable student life**

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- 1. Familiarize yourself with the kind of trouble students are prone to getting involved in**
- 2. Protect yourself by developing an understanding of laws, regulations, and the rules of Ritsumeikan University**
- 3. Have someone to talk to in mind if something is troubling or bothering you**







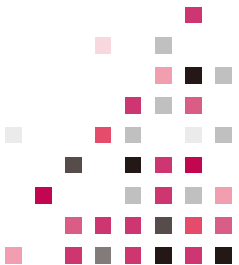
**Use examples to help you learn what kind of criminal methods people use and how to counter them!**

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## **Examples of trouble that could occur in your everyday life**

**(1) Theft**

**(2) Shady part-time jobs**



# **(1)Example of theft**

In a classroom on campus, I had some spare time, so I was working on an assignment on my computer. I then had to go to the restroom. Figuring, "I'll be right back. It should be fine," I went to the restroom while leaving my computer on the desk and my bag containing my tablet, wireless earphones, wallet, and textbooks next to it. When I came back to the classroom, I couldn't find any of my belongings anywhere. They were never found after that.

# How to avoid theft

1. Keep your **valuables** on your person
2. **Do not leave your bags unattended**
3. Make sure your gym or locker room locker is properly locked
4. **Double-lock** your bicycle  
**Apply for anti-theft registration for your bicycle**
5. Beware of bag snatchers

Thefts and snatchings occur frequently in places like the library, gymnasium, cafeteria, lounges, and bicycle parking lots!



**Universities are places where people from all walks of life come and go. Remember: You are responsible for protecting yourself.**

## **(2) Example of shady part-time job**

**I was looking for a part-time job where I could earn money efficiently.**

**I saw a job posting on a social media site that said,  
“High pay! Just follow the instructions given to you!  
Anyone can do it!”**

**Using a dedicated app, I casually entered my personal information just as I was told (including information about my parents' home) and applied for the job.**

**It was immediately offered to me. I was instructed to go to the specified address and pick up cash.**

Source: Crime Situation Analysis Section, Community Safety Administration Division, Tokyo Metropolitan Police Department

[https://www.keishicho.metro.tokyo.lg.jp/about\\_mpd/joho/movie/seian/740.html](https://www.keishicho.metro.tokyo.lg.jp/about_mpd/joho/movie/seian/740.html)

## (2) Example of shady part-time job

I carried out the job, figuring, “If I just pick up the cash, I can just say ‘I didn't know’ and everything will be fine.” However, I got scared and gave notice that “I want to quit” after just one job.

That was when I was threatened, “You are already a criminal. If you run away, consider your whole family dead.”

I could no longer get out of the job until I was arrested.

**Working shady jobs is a crime that cannot be fixed by saying “I didn't know!”**

Source: Crime Situation Analysis Section, Community Safety Administration Division, Tokyo Metropolitan Police Department  
[https://www.keishicho.metro.tokyo.lg.jp/about\\_mpd/joho/movie/seian/740.html](https://www.keishicho.metro.tokyo.lg.jp/about_mpd/joho/movie/seian/740.html)





# How to avoid getting involved in shady part-time jobs

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1. Do not blindly believe information about "attractive" part-time jobs on social media and bulletin boards.
2. Be careful about offers coming through social networking sites and messaging apps commonly used for shady part-time jobs.
3. On the off chance that you apply for a shady part-time job, do not keep it to yourself. Make sure to consult with the police or other public agencies.

Source : <https://www.baitoru.com/contents/list/detail/id=3525>

**Working shady part-time jobs is a crime.  
Learn to say no if someone recommends you do it!**





## **2. Protect yourself by developing an understanding of laws, regulations, and the rules of Ritsumeikan University**

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### **(1) Consumption of alcohol and smoking**

**(Not permitted for students under 20 years of age)**

### **(2) Use of illicit drugs**

### **(3) Harassment**

**(Do not commit harassment. Ask for advice if you are on the receiving end of it.)**

### **(4) Ritsumeikan University Student Disciplinary Regulations**





# ( 1 ) Alcohol and Tobacco

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## Alcohol

- ◆ **Drinking, smoking, and gambling** such as betting on horse and bicycle races are not allowed for anyone under 20 years of age.
- ◆ Underage drinking, chugging alcoholic beverages, forcing someone to drink, and drunk driving are all **criminal acts.**
- ◆ Drinking large amounts of alcohol (or making others drink) can also put you or others at risk of death from acute alcohol poisoning. \*If you feel you are in danger, do not hesitate to **call an ambulance (119).**
- ◆ **Never drink and drive!** This does not just mean you. Any action that leads to others driving drunk is prohibited! This applies not only to motor vehicles and motorbikes but **also to bicycles!**

## Tobacco

- ◆ **Smoking is prohibited on Campus** except in designated smoking areas.
- ◆ Smoking outside of designated areas **is a violation of the law!!**
- ◆ Be aware of the danger caused by secondhand smoke.
- ◆ Don't smoke to begin with.
- ◆ The Medical Service Center can help you quit. Inquire about help.

**Alcohol and tobacco cause harm to your body!**



## (2) Illicit drug abuse

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### **Drugs harm your physical and mental health!**

➤ Marijuana and other drugs compromise both your body and spirit. You may intend to try them just once, only to find that willpower **isn't enough to quit.**

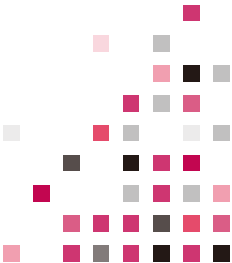
### **Drugs destroy your life and your relationship with your family, other people, and society!**

➤ Drug abuse isn't just your problem. Your family and members of society **suffer too.**

### **After a brief high, nothing awaits you but severe punishment!**

➤ The fallout in the form of severe criminal penalties and social censure **will ruin your life.**  
➤ **The use, possession, sale and distribution of illegal drugs are all criminal acts under Japanese law and are severely punished.**

**Illicit drug use is a crime punishable by law.**





## (3) Harassment

(Do not commit harassment. Ask for advice if you are on the receiving end of it.)

- Understand that **every person is different**, and recognize that both you and the others you deal with are invaluable individuals.
- Do not say or do anything that makes others feel bad or hurt.
- Remember that everyone reacts differently.

**Never assume that someone thinks the same way as you or downplay the effect of what you say or do.**

### Examples of frequently occurring harassment

- Sexual harassment
- Academic harassment
- Alcohol harassment
- Racial harassment

For types of harassment, applicable acts, and other information, check the “Harassment Prevention Committee” website on the right!

**If you experience harassment, do not keep it to yourself.  
Please contact one of our Advisors.**

Harassment  
Prevention  
Committee



Contact  
information  
or Advisors







## (4) Ritsumeikan University Student Disciplinary Regulations (Excerpt)

### Acts subject to disciplinary actions

1. Acts that disturb social order (criminal acts)
2. Harassment
3. Acts against information ethics
4. Acts against academic ethics
5. Acts that infringe on the academic and research rights of students and faculty and/or interfere with administration of the university
6. Cheating or disrupting of examinations, etc.
7. Acts that violate regulations and matters based on regulations the university set forth to be observed by students
8. Other acts that are contrary to students' obligations

### Process Flow

1. Occurrence of misconduct or a criminal activity
2. Investigation in each section, college, or department
3. Interview and guidance at the department  
Provide educational guidance based on the preparation of a reflection paper (Student support will be also provided if it is necessary.)
4. Preparation of a disciplinary draft by the department
5. Coordination by the Student Affairs Conference
6. Opportunities for defense
7. Deliberation at the Faculty Council and creation of a petition
8. Final determination by the president and execution of disciplinary actions
  - Notification to the student and parents/guardians
  - Announcement of the actions
9. Continuing educational guidance by the department

Details on  
TIPS



**Take responsibility for your actions on a daily basis.**



### 3. Have someone to talk to in mind if something is troubling or bothering you

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Who do you talk to when something is troubling or bothering you? Your parents? Siblings? Friends? Upperclassmen? Teachers? Or do you keep it to yourself?

Starting today, add the  
**Office of Student Affairs** to that list.

[KIC] Kenshinkan 2F

[BKC] Central Arc 1F

[OIC] Building A 1F (AS Office)

# Student Support Room

<https://www.ritsumeai.ac.jp/ssr/>



Get advice on tough matters at an early stage

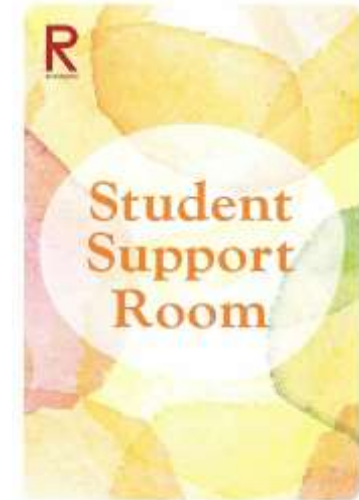
Can't motivate yourself to do anything

Unsure of the future

Are bothered by interpersonal relationships

Don't fit in at the university

Want to have more confidence in yourself



学生サポートルームのご案内  
Student Support Room Services Guide

**We'll help you address your issues together.  
Anything you ask us will be kept strictly confidential.**

The SSR is located in the Office of Student Affairs at each Campus:

[KIC] Kenshinkan 2F

TEL: 075-465-8174

ssrkik@st.ritsumeai.ac.jp

[BKC] Central Arc 1F

TEL: 077-561-3952

ssrbkc@st.ritsumeai.ac.jp

[OIC] Bldg. A 1F (AS Office)

TEL: 072-665-2130

o-go-2@st.ritsumeai.ac.jp

**Get psychological counseling from a clinical psychologist.**

Where should I go for a consultation on a given thing or in a given situation?



- Counseling regarding academic life, relationships/future issues
- Feeling down or unmotivated

- Self-management skills, including time management, organizing assignments, or goal setting






- Support and academic accommodation for students with disabilities

- Physical and mental health consultations
- Medical treatment

- I have a problem, but I don't know where to go...

# Student Support General Guide

As of March 2025

	Student Support Room [SSR]	Student Success Program [SSP]	Disability Resource Center (Physical, mental, and developmental)	Medical Service Center	General guidance on student consultations (Office of Student Affairs)
Making an appointment	By request form 	By request form 	By email/phone 	▼ Internal medicine (No appointment needed) ▼ Psychiatry (In person/by phone) 	In person/By sending application via email 
Meeting/Interview format	In-person/Zoom/Telephone	In-person/Zoom	In-person/Zoom	In-person *Please call first if you have a fever or cold-like symptoms.	In-person/Zoom
Hours	9:45-17:00 By Appointment	9:30-17:00 By Appointment	9:30-17:00 By Appointment	9:30-17:00 *Medical treatment in the afternoon	9:30-17:00
Access	KIC: Kenshinkan 2F BKC: Central Arc 1F OIC: Bldg. A 1F (Inside AS Office)	KIC: Kenshinkan 2F BKC: Central Arc 1F OIC: Bldg. A 1F (Inside AS Office)	KIC: Kenshinkan 1F/2F BKC: Central Arc 1F OIC: Bldg. A 1F (Inside AS Office)	KIC: Kenshinkan 2F BKC: Central Arc 1F OIC: Bldg. A 1F (Inside AS Office)	KIC: Kenshinkan 2F BKC: Central Arc 1F OIC: Bldg. A 1F (Inside AS Office)



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## The Offices of Student Affairs are located below:

KIC: Kenshinkan Hall, 2F

BKC: Central Arc, 1F

OIC: AS Office, Bldg. A, 1F

If you run into any problems in the course of your student life or would like advice on how to try something new, come talk to us.





And above all...

Have fun at  
Ritsumeikan!

